



AI on Monday Morning

Short team activities that build real AI capability,
not tool tricks.

HOW TO USE

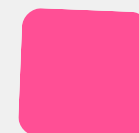
Run one activity at a time. Each frame stands alone — read the goal, set the timer, then fill the zones with sticky notes as a team. Move left to right, or pick the activities that fit your Monday.

STICKY LEGEND



Ideas & hopes

Yellow



Risks & fears

Pink



Decisions & next steps

Blue

Duplicate this board to run it with your team.



The One Task

BUILDS · IMPACT + MEANING

Find the single task your team would most love to hand off — and check what AI actually did with it.

TASKS WE'D GLADLY DROP

One sticky per task

THE ONE WE PICK

Write the chosen task here

WHAT HAPPENED WITH AI

● Helped

● Partly

● Did not



Prompt Battle

Run two prompts at the same task, side by side, and learn what actually moves the result.

PROMPT A

THE PROMPT

THE RESULT

PROMPT B

THE PROMPT

THE RESULT

WHAT MADE THE DIFFERENCE



Spot the Flaw

BUILDS · KNOWLEDGE + ALIGNMENT

Take one confident-looking AI output and hunt for what's wrong, missing, or quietly risky.

FLAWS WE FOUND

THE AI OUTPUT

FLAWS WE FOUND

Paste or write the AI output the team will inspect

Would we have caught this if we were busy?

Yes

No



Hopes and Fears

Surface what people quietly hope for and quietly worry about — before AI lands on them.

HOPES

FEARS

THEMES

Cluster the stickies — drag similar ones together here

WHAT WOULD HELP PEOPLE FEEL IN CONTROL



Where AI Does Not Belong

Draw the line as a team: where AI leads, where it assists, and where it stays out entirely.

AI can do most of this

AI assists, a human leads

AI stays out entirely

PARKING LOT

Edge cases we argued about

HARD LINE

Data that never goes into AI tools

Steal This Workflow

Each person shares one real thing AI helped them do this week — so everyone walks away with something to try.

PERSON	WHAT THEY DID	TOOL	I'LL TRY THIS

GAPS NO ONE HAS SOLVED YET

Park the unsolved problems here



The Ten Minute Experiment

Pick a real deliverable, give AI ten minutes on it, then separate what's usable from what still needs a human.

BUILDS · IMPACT

THE DELIVERABLE

Name the one thing you're actually making

AI'S TEN-MINUTE DRAFT

WHAT STILL NEEDS A HUMAN

USE THIS AGAIN? WHERE



The Augmentation Test

Sort the work: what AI can take off your plate, and what must stay human — then name what that frees you to do.

■ AI can take this off our plate

■ Must stay human

Judgment · relationships · decisions · accountability

What keeping this human frees us to do more of